

Calvin Crest  
"Sierra Summer Splendor"  
Course Description and Schedule  
August 10 - 16, 2008

**Program Objectives:** At the completion of this program, you will have done the following:

- A. Learned how the geography of California impacts the climate and resulting water supply for this state of over 35 million people.
- B. Gained knowledge about the summer skies over Central California, as well as viewed features in our universe that are not visible to the naked eye.
- C. Learned about the culture and history of the Miwok people of the Central Sierra.
- D. Learned how a variety of plants were utilized by the Miwok.
- E. Learned how to make and use a sampling of tools/implements used by the Miwok.
- F. Observed and identified a variety of the Sierra Nevada native plants.
- G. Learned about some of the geological processes at work in the Sierra Nevada.
- H. Learned about the early history of logging in the Central Sierra Nevada, as well as current logging practices and their impacts.
- I. Learned about and observed giant sequoias, native only to the Sierra Nevada.
- J. Learned about the life of John Muir and his contributions to environmental awareness and conservation of natural resources.
- K. Experienced the unique splendor and beauty that is Yosemite Valley.
- L. Learned more about how all of creation, from the single cell to the galaxies, sing praises to the Creator.
- M. Enjoyed fellowship with other Christians.
- N. Spent time alone with God and His word.
- O. Made some new friends.
- P. Had an excellent experience.
- Q. Contributed to the program and benefitted the rest of us by your being here.

## Schedule

### Sunday, August 10

- 2:00 - 5:00 Arrival, registration; participants move into rooms and get settled
- 5:00 - 6:00 Introductions of staff and participants
  - Orientation tour
  - Overview of week's schedule
- 6:00 - 7:00 Dinner, announcements
- 7:00 - 8:00 Hike the Manzanita Trail for overview of Central Valley, Coast Range, Sierra Nevada, brief introduction to California geography, water issues.
- 8:00 - 8:15 Brief break
- 8:15 - 8:45 Star gazing for those interested
- 8:45 - End of evening program

### Monday, August 11

- 7:30 - 8:15 Breakfast, announcements
- 8:15 - 8:30 Brief break
- 8:30 - 9:45 Session #1: The Psalmist, the Stars, and the Single Cell Sing in Celebration
  - A. Singing with Joel
  - B. The Psalmist....
- 9:45 -10:00 Brief break
- 10:00 -12:00 Miwok Trail hike
  - A. Identification and observations of plants used by Miwoks for food, medicine, tools, shelter
  - B. Wildlife track identification
  - C. Techniques used for obtaining animal foods
  - D. Deer smacking
  - E. Spring snares
- 12:00 - 12:45 Lunch, announcements at Outpost
- 12:45 - 1:00 Clean up lunch, walk to Miwok village
- 1:00 - 3:00 Time at Miwok Village
  - A. Structures and functions
  - B. Process of making acorn mush
  - C. Gambling games
  - D. Musical instruments and toys: acorn buzzers and bull roarers, foot drum and clappers
  - E. Culture and history
  - F. Digging sticks, soaproot plants; beginning the process of making soaproot

brushes

- 3:00 - 3:30 Walk back to Cedar Lodge
- 3:30 - 6:00 Free time
  - A. Climbing wall (3:30 - 5:00)
  - B. Store available (3:30 - 5:00)
  - C. Swimming pool (3:30 - 5:00)
  - D. Boats at lake (3:30 - 5:00)
  - E. Rest 'n Relax
  - F. "Irish Road Bowling"
- 6:00 - 6:45 Dinner, announcements
- 6:45 - 7:00 Brief break
- 7:00 - 8:30 Soapstone carving
- 8:30 - 9:00 Miwok legends and the names of some Yosemite Valley features
- 9:00 - Time for relaxation, visiting

#### Tuesday, August 12

- 7:30 - 8:15 Breakfast, announcements
- 8:15 - 8:40 Make sack lunches, prepare to leave for Glacier Point, Yosemite Valley
- 8:40 - 8:50 Load vehicles, leave for Yosemite
- 8:50 - 10:30 Travel to Glacier Point with restroom break at Chinquipin
- 10:30 - 11:30 Glacier Point overview of Yosemite Valley, Half Dome, High Sierra
- 11:30 - 12:30 Travel to Yosemite Valley, Bridalveil Falls
- 12:30 - 1:15 Lunch in Yosemite Valley
- 1:15 - 5:00 Yosemite Valley explorations, opportunities for photography of Merced River, waterfalls, wildflowers, wildlife, visit Visitor's Center
- 5:00 - 6:30 Travel back to Calvin Crest
- 6:30 - 6:45 Brief break before Dinner
- 6:45 - 7:15 Dinner, announcements
- 7:15 - 7:30 Brief break
- 7:30 - 8:45 Evening with John Muir
- 8:45 - End of evening program, time for relaxation, visiting

#### Wednesday, August 13

- 8:00 - 8:45 Breakfast, announcements
- 8:45 - 9:00 Brief break
- 9:00 - 9:15 Singing with Joel
- 9:15 - 10:30 Session #2: The Psalmist, the Stars, and the Single Cell Sing in Celebration
- 10:30 - 11:45 Work on soaproot brushes
- 11:45 - 12:00 Brief break
- 12:00 - 12:30 Lunch, announcements

12:30 - 12:45 Brief break, preparations for traveling to Fresno Dome  
 12:45 - 6:00 Fresno Dome Field Trip  
 Upper montane forest  
 Dome geology  
 Wildflowers  
 Vistas  
 6:30 - 7:00 Dinner, announcements  
 7:00 - 7:15 Brief break  
 7:15 - 8:15 Yosemite video  
 8:15..... Time to Visit and Relax

Thursday, August 14

8:00 - 8:45 Breakfast, announcements  
 9:00 - 10:00 Session #3 The Psalmist, the Stars, and the Single Cell Sing in Celebration  
 10:00 - 10:10 Brief Break  
 10:10 - 10:30 Early logging slide show  
 10:30 - 10:40 Prepare to leave on field trip  
 10:40 - 2:00 Nelder Grove  
 Lunch at Nelder Grove  
 Walk to Bullbuck Tree  
 2:00 - 2:15 Travel Back to Calvin Crest  
 2:15 - 6:00 Free Time  
 A. Giant Swing (2:30 - 3:30)  
 B. Store available (3:30 - 4:30)  
 C. Swimming pool (3:30 - 4:30)  
 D. Boats at lake (3:30 - 4:30)  
 E. Rest 'n Relax  
 F. Irish Road Bowling - The Sequel  
 6:00 - 6:45 Dinner, announcements  
 6:45 - 7:00 Brief break  
 7:00 - 7:30 Singing with Joel, Storytelling by Kirsten  
 7:30 - 8:30 Sugar Pine Trio  
 8:30..... End of evening program

Friday, August 15

8:00 - 8:45 Breakfast, announcements  
 8:45 - 9:15 Make sack lunches, put in ice chests, put in vehicles for field trip  
 9:15 - 9:30 Brief break  
 9:30 - 10:00 Session #4 The Psalmist, the Stars, and the Single Cell Sing in Celebration  
 10:00 - 10:15 Prepare to leave for Biledo Meadow

10:15 - 2:30 Biledo Meadow Field Trip  
 Wildflowers, butterflies, hummingbirds, historic cabins  
 Lunch at Biledo  
 Travel back to Calvin Crest

2:30 - 6:00 Free Time

- A. Giant Swing (2:30 - 3:30)
- B. Store available (3:30 - 4:30)
- C. Swimming pool (3:30 - 4:30)
- D. Boats at lake (3:30 - 4:30)
- E. Rest 'n Relax
- F. Irish Road Bowling - The Sequel

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- G. Copies made of digital images onto DVDs

6:00 - 6:45 Dinner, announcements

6:45 - 7:00 Brief break

7:00 - 7:30 Singing with Joel, Storytelling by Kirsten

7:30 - 7:40 Briefest break

7:40 - 9:00 Some photographs, reflections, 'n appreciations

9:00..... End of evening program

Saturday, August 16

Early A.M. Packing up in preparation for leaving

8:00 - 8:45 Breakfast, announcements

8:45 - 9:00 Brief break

9:00 - 10:00 Week's wrap up/Evaluations/Certificates

10:00 Good-byes and departure