

Mark each article with the camper's full name using a permanent, non-washable pen/marker.  
DO NOT combine luggage for more than one camper.

### CLOTHING

- 1 pair sturdy walking shoes – broken in, correct size, and with with good ankle support
- 1 pair tennis shoes
- 6 pair cotton socks
- Underwear (6 changes minimum)
- Warm pajamas
- 3 pairs jeans or long trousers
- 6 cotton t-shirts
- Shorts (mid-thigh or longer length, no short shorts)
- Sweatshirt
- Warm jacket
- Dressy outfit (for dance)
- Modest swimsuit (Women: one piece; Men: shorts that fit at natural waist, no Speedos)
- Sun hat

### TOILETRIES

- Deodorant
- Feminine napkins (required for females)
- Adult diapers (if used and can self-care)
- Kleenex
- Bar of soap with travel soap dish
- Toothbrush, toothpaste, and mouthwash
- Comb and/or brush
- Razor (for men who shave)
- Shampoo/Conditioner
- Chapstick/Lip balm
- Sunscreen
- Insect Repellant

### BEDDING & LINENS

- At least TWO of each: Bath towels, hand towels, and washcloths
- Warm sleeping bag and pillow
- 2 laundry bags
- Plastic sheet (if occasional bed wetting)
- Beach towel

### MISCELLANEOUS

- Flashlight with extra batteries and bulb
- Stationary with pre addressed and stamped envelopes
- Musical instrument (if camper plays)
- Money for store items (optional)

**PLEASE DO NOT BRING:** sandals, technology (such as cellphones, laptops, iPads, tablets, etc.), weapons (or anything that looks like a weapon such as knives, guns, firecrackers, pepper spray, etc.), prank items, drugs, alcohol, tobacco products (ONLY cigarettes allowed), pets, or valuables of any kind.

**Calvin Crest is not responsible for lost, stolen or damaged property.**